

PARANORMAL UNDERGROUND®

Volume 17, Issue 1

January 2024

Lesley Mitchell-Clarke

Explores Past Lives
& Alien Encounters

THE GHOSTLY GRIP OF
Madison Mansion

TRANSYLVANIA'S
HAUNTED HOIA BACIU FOREST

How to Harness
Manifestation Magic

Wings of Terror
The Lone Pine Mountain Devil

The Metaphysics of Time
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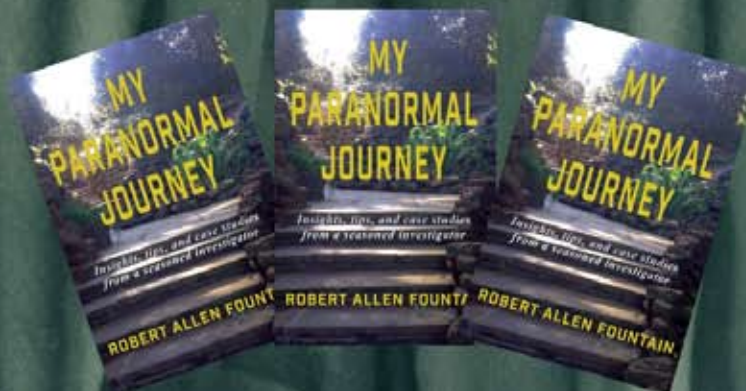
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Maxim's rich background includes aspects of psychology, addictions, music journalism, and the paranormal. He has a master's degree in communications from Bloomsburg University and a bachelor's degree in psychology from Aquinas College.



He interviewed celebrity demonologists Ed and Lorraine Warren and was featured on *Exploring the Bizarre* with the late legendary Timothy Green Beckley and Tim R. Swartz. His new book, *Flying Saucer Esoteric: The Altered States of Ufology*, explores the chronology of "flying saucers," tracing historical accounts of theologians and astronomers who lived in the days Before Christ to the 2023 Congressional hearings and the alien corpses presented to the Congress of Mexico.

Maxim has been interviewed on paranormal programs *Midnight in the Desert* with Heather Wade and *Paranormal 60* with Dave Schrader. He is a frequent contributor to *Paranormal Underground*.
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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

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Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Mindful Mystics* podcast, and producer of *Paranormal Underground Radio*. She has more

than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology and enterprise computing to travel guides and paranormal phenomena.

Cheryl's magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net



KEVIN LYNN

Kevin is the co-founder of MadCO Paranormal. They are a two-man group in Colorado and Alabama. They started investigating haunted locations in 2008 after years of wondering what's out there. Best friends since 7th grade, they travel all over the U.S. investigating anything from the unknown to high profile haunts.

When Kevin isn't investigating in the U.S., he loves finding locations overseas in Europe and diving right into historic haunts solo. Although he approaches each investigation with an open mind he isn't a skeptic.

With well over 100 personal experiences with the paranormal in normal everyday life, Kevin has a real knack for attracting spirits!

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Athena is the founder and CEO of *SageGoddess.com*, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator.

Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood.



The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal.



He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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Michael J. Seidlinger is a Filipino American author of *My Pet Serial Killer*, *Dreams of Being*, *The Fun We've Had*, and nine other books. He has written for, among others, Buzzfeed, Thrillist, and Publishers Weekly, and has led workshops at Catapult, Kettle Pond Writer's Conference, and Sarah Lawrence.



He is a co-founder and member of the arts collective, The Accomplices, and founder of the indie press, Civil Coping Mechanisms (CCM). He lives in Brooklyn, New York, where he never sleeps and is forever searching for the next best cup of coffee.

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EMMA THORN

Emma has been a paranormal investigator for the past eight years. Her investigations include the Galleries of Justice in Nottingham and Donnington Castle in Newbury. She is the creator of All Things Paranormal.



Emma has been interested in the paranormal since she was a child and is intrigued with the mysteries that surround paranormal phenomena. She also enjoys trying to find evidence that supports the Stone Tape theory.

twitter.com/paranormalcomm

CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.



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PARANORMAL UNDERGROUND®

Volume 17, Issue 1 - January 2024

www.ParanormalUnderground.net

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FEATURED EVENT: OREGON GHOST CONFERENCE MARCH 22-24

This year's Oregon Ghost Conference is set for March 22-24, at the Seaside Civic & Convention Center in Seaside, OR. The conference stands as the premier paranormal gathering in the Northwest, drawing enthusiasts from not only the West Coast, but far and wide.

The event boasts an action-packed weekend brimming with informative talks, educational classes, intriguing



tours, and live investigations, offering an unparalleled experience.

This event provides a unique opportunity for attendees to engage with and gain insights from leading paranormal authorities in the region.

It's an event you surely wouldn't want to miss!

For more event information, visit: oregonghostconference.com.

February 23-25

Nosferatu Festival
Austin, TX
nosferatufestival.com

March 2

Frogman Festival
Loveland, Ohio
frogmanfestival.org

March 15-17

Days of the Dead
Las Vegas, NV
daysofthedeath.com

March 21-24

Squatchcon
Port Angeles, WA
squatchconpa.com

March 22-24

Oregon Ghost Conference
Seaside, OR
oregonghostconference.com

March 22-24

HorrorHound Weekend
Cincinnati, OH
horrorhoundweekend.com

March 23-24

Women of the Paranormal Celebration
Harriman, TN
eclipseparanormal.com

April 12-14

Ozark Mountain UFO Conference
Eureka Springs, AR
ozarkufoconference.com

April 12-14

Fear Expo
Owensboro, KY
fearexpolive.com

April 13

Trivette Clinic ParaFest
Hamptonville, NC
greatstateparanormal.com/trivette-clinic-parafest

April 19-20

Bigfoot Days
Estes Park, CO
estesparkeventscomplex.com/big-foot-days.html

April 28

Austin Witchfest
Austin, TX
austinwitchfest.org

May 3-5

Crypticon Seattle
Seattle, WA
<https://crypticonseattle.com/>

E-mail your paranormal event to paranormalunderground@live.com.



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Volume 17, Issue 1 - January 2024

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THE PORTAL HOUSE, ET'S ARRIVAL & A GOBLIN ENCOUNTER

BANGKOK'S PORTAL HOUSE A GLIMPSE INTO PAST & FUTURE FOR SALE



In a recent report by [TheThaiger.com](https://www.thethaiger.com), a house in Bangkok, Thailand, with claimed supernatural abilities has hit the market, drawing viral attention. Priced at 33.3 million baht (about US\$934,500), this property on Krung Thep Kritha Road is said to offer glimpses into the past and future, predict lottery numbers, and even warn of potential dangers.

The owner, in a Facebook post, described the house as having “strange energy” but clarified that “there are no ghosts because no one has ever died in this house.” One of the most extraordinary claims about the house includes a black hole that is visible under specific conditions.

“If you come into contact with this black hole, the presence of a strange energy could be felt,” the homeowner explained. He also mentioned experiencing visions of his childhood and hearing sounds from the past after touching the pillars of the house. Cautioning about the black hole, he said, “You can only touch it but not go inside it because you may not be able to come back out again.”

UNPREPARED FOR ET'S ARRIVAL PENTAGON LACKS PLAN FOR ALIEN THREATS, REPORT REVEALS

In a startling report highlighted by the [Daily Mail](https://www.dailymail.com), the Pentagon's internal watchdogs have revealed that the U.S. lacks preparedness for a potential alien invasion.

A declassified document exposes the Department of Defense's (DoD) deficiency in tracking and analyzing Unidentified Anomalous Phenomena (UAP).

The Office of Inspector General (OIG) alarmingly notes, “This blindspot in the DoD's defensive capabilities ‘poses a threat to military forces and national security,’” according to the report. Despite the establishment of the All-domain Anomaly Resolution Office (AARO) in July 2022, the OIG criticizes the nation's disjointed response to UAP incidents.

Inspector General Robert P. Storch, emphasizing the gravity of the situation, stated, “We are releasing this unclassified summary to be as transparent as possible with the American people about our oversight work on this important issue.” This report underscores the urgent need for a coordinated defense strategy against extraterrestrial threats.



GOBLIN ENCOUNTER IN ARGENTINA

WOMAN'S VIRAL TALE STIRS DEBATE

In a bizarre story, as reported by [Coast to Coast AM](https://www.coasttocoastam.com), a woman in Argentina claims to have encountered a goblin during a casual stroll. Vicky Nauta, from the city of Bariloche, took to TikTok earlier this month to recount her astonishing experience.

According to Nauta, while she was walking down a street and watching videos on her phone, she suddenly noticed a small, peculiar individual beside her. This figure, she described, was quite short with white hair and a matching beard.

Nauta, who had never believed in such mythical



creatures, is now convinced she encountered a goblin, or duende as known in Latin America. Firm in her belief that her sighting was genuine, she recounted not feeling threatened, perceiving the creature as playful.

The viral video sparked heated discussions on social media platforms across Argentina. While some viewers brushed off Nauta's tale as an exaggeration, others chimed in with their own alleged sightings of similar entities in the region, adding a layer of intrigue to Nauta's already sensational claim.

ANDREW LLOYD WEBBER'S GENTLE POLTERGEIST

A HAUNTINGLY TIDY PRESENCE

Renowned composer Andrew Lloyd Webber, celebrated for his extensive work in musical theater, has disclosed a rather unusual cohabitant at his former Eaton Square home in London — a poltergeist. Unlike the traditionally disruptive and eerie nature of poltergeists, Lord Lloyd-Webber's spectral housemate displayed a peculiar penchant for orderliness, according to a story by *The Guardian*.

"I did have a house in Eaton Square which had a poltergeist," he said. "It would do things like take theater scripts and put them in a neat pile in some obscure room." Ultimately, the situation required divine intervention. "In the end, we had to get a priest to come and bless it, and it left," he added.



The phenomenon of theatrical hauntings is not a novelty in London. The Theatre Royal, Drury Lane, allegedly hosts the "Man in Gray," who makes appearances in the upper circle, but only during successful shows. Dame Judi Dench and Sir Patrick Stewart have also reportedly encountered apparitions in London's theatres. Dench recounted seeing a spectral figure in top hat and tails at the Theatre Royal Haymarket, while Stewart witnessed an apparition in a belted Norfolk jacket during his performance in *Waiting for Godot*.

The storied Eaton Square has been home to various notable figures, including former prime ministers Neville Chamberlain and Stanley Baldwin and actors Vivien Leigh and Rex Harrison. Whether Lloyd Webber's orderly poltergeist ever ventured beyond his Eaton Square residence remains a mystery.


CURIOSITY'S COSMIC WINK

MARS ROVER SPOTS 'STAR TREK' SYMBOL ON THE RED PLANET

In a cosmic nod to *Star Trek*, NASA's Mars rover Curiosity snapped a picture resembling the series' famous delta insignia. Reported by *Paranormality magazine*, the image, captured on Mars' Mount Sharp, sparked amusement for its uncanny resemblance to the sci-fi emblem.



Discovered by amateur astronomer Scott Atkinson, this space "easter egg" is a mere Martian rock formation, but it's enough to thrill Trekkies and space enthusiasts alike! ♦



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Unquenchable Thirst:

6 of the Best Vampire TV Shows

By Michael J. Seidlinger, The Lineup

Vampires are one of the most beloved and enduring horror tropes — and for good reason. Like the zombie or the werewolf, vampires bridge that gap between the seen and unseen world, connecting the known and unknown.

Vampires live forever and have an insatiable thirst for blood. They dodge social norms and, as a result, give us a space to explore cultural taboos, such as blood, sex, death, and power.

Just as often the vampire is viewed as misunderstood and struggling as they are deemed villainous. And no matter how many times audiences declare the vampire trope dead — citing overuse or a lack of innovation — it surges back to life (much like the vampire itself). There's always a new spin, a new take, and a new bite that draws fresh blood — and bewitching fascination.

The following television shows demonstrate the versatility of the vampire, revealing how the trope bends and contorts to fit their monstrous role in humanity's ongoing story of life and death. They're also some of the best of the genre.

Check these iconic and innovative vampires out — just make sure you don't invite them in!

Preacher (2016–2019)

Based on the comic book series of the same name, *Preacher* is a show that's dripping with alcohol and absurdity. Our protagonist is Jesse Custer, a preacher battling his own waning beliefs. He drinks and he smokes like he's got a death wish. In a trademark hero's (or in this case anti-hero's) journey, Custer hits the road to find God — *literally* — when he becomes possessed by a supernatural entity named Genesis who gives him powers.

Along for the ride is a vampire by the name of Cassidy as well as Custer's ex, Tulip. And about that power, Custer soon discovers that using it renders people to believe what he preaches. *Preacher* takes this crazy,



AMC's TV show *Preacher*, a show based on the comic series, follows Jesse Custer, a preacher with newfound powers, on a surreal journey with a vampire and his ex, blending absurdity and dark humor in a relentless narrative.

irresistible concept and constantly exceeds expectations, often going for the more absurd when you expect it to slow down.

Midnight Mass (2021)

Considered a masterpiece by many, Netflix's 2021 limited series hit *Midnight Mass* is a wonderfully dark descent into the small town of Crockett Island and the appearance of one Father Paul Hill. Riley Flynn returns



FX's mockumentary TV series *What We Do in the Shadows* humorously portrays the lives of diverse and eccentric vampires cohabiting in Staten Island, blending horror with comedy in an addictive must-watch show.

home after serving time for a drunk-driving accident that resulted in the death of a young woman. The town has fallen on hard times after an oil spill renders one of the main sources of income impossible.

A devout community of Catholics, the sudden replacement for their original pastor marks what becomes the beginning of increasingly odd events. At first, it's a sudden mass of dead cats; but soon there are miracles, and the community of Crockett Island becomes rapt at the possibility of their pastor's power. Or so they think.

Midnight Mass is an excellent rendition of the trope, especially when unleashed on a community desperate for levity.

NOS4A2 (2019–2020)

From the title alone, *NOS4A2*, series villain and vampire, Charlie Manx's license plate, you can glean a lot about what might be at the core of the series. Based

on the novel of the same name by Joe Hill, *NOS4A2* is about one Victoria McQueen, an artist who happens to also have the ability to see the previously mentioned Charlie Manx. She becomes fascinated and then frightened by Manx, who seems to be able to enter different dimensions.

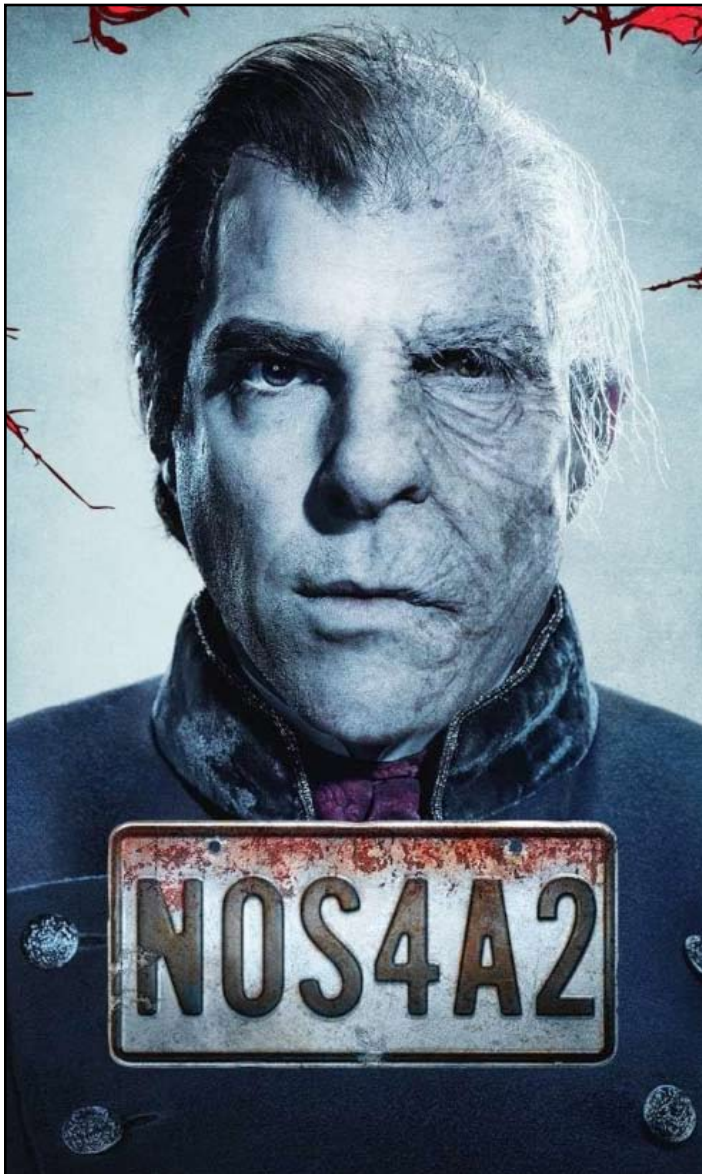
McQueen discovers that Manx is a vampire that feeds on children, luring them to his too-good-to-be-true Christmasland, an undone and maybe undead rendition of Manx's own imagination. In Christmasland, it's Ground-

hog Day but with Christmas, and everyone must remain cheerful and happy. McQueen becomes the only person who can save those children and perhaps stop Manx, a vampire that has thrived for over a hundred years.

The Strain (2014–2017)

The Strain is a venerable post-apocalyptic vampire series spanning four seasons, an ongoing epic involving

"The Strain" is a venerable post-apocalyptic vampire series spanning four seasons.



AMC's *NOS4A2* series, based on Joe Hill's novel, centers around Victoria McQueen's struggle to save children from the vampire Charlie Manx.

a cast of characters that take life day by day, moment by moment, due to the strain that has caused the downfall of humanity. Yeah, it turns people into vampires.

The Strain is based on the trilogy of novels by Guillermo del Toro and Chuck Hogan and has as much in common with the canon (think King's *The Stand* and Matheson's *I Am Legend*) while also taking on its own unique dramatic bent. Viewers meet Dr. Ephraim Goodweather, who works for the CDC; at the show's start, he is called in to investigate a plane wherein all passengers aboard are found deceased, only to discover the strain that launches the epidemic of vampirism.

Goodweather and crew become among the last of humanity's hope for a cure. Viewers looking for some of that

visceral vampire menace coupled with the feel-bad highs (or lows) of a good end-of-the-world narrative, *The Strain* is the kind of brain candy you'll sink into and likely binge.

What We Do in the Shadows (2019–2024)

When the mockumentary film *What We Do in the Shadows* was released back in 2014, it quickly became a standout release of the year. And with good reason, the film merged hilarity with horror. The TV series expands on the groundwork done by the film, returning to the same mockumentary conceit.

A film crew chronicles the lives of vampires in Staten Island, New York City. All of them are roommates in a crumbling abode, and the series defines them into their own enigmatic and delightfully dark personalities.

There's Nandor, the oldest at 760 years, and then there's Laszlo, former-porn-actor-now-vampire. There's Nadja, who often is nostalgic for human living. Oh, and don't forget Colin Robinson, the energy vampire, who feasts not on the blood of his victims, but rather on their energy, sapping them with the inane and dull realm of social interaction.

They bumble and fumble their way through countless social situations, all the while those watching simply can't help but empathize. It's an addictive show — and a must-watch.

Buffy the Vampire Slayer (1997–2003)

This one is an absolute *must*. How could a list of memorable vampire TV shows exclude one of the best — a true '90s classic?

By now, most have at least dabbled in the world of Buffy Summers, and just as many frequently enjoy that nostalgic fix of, you know, bingeing an entire season as self-care. *Buffy the Vampire Slayer* is everything that became foundational and functional in a '90s television show aimed at teens. You've got the strong-willed and ever-tenacious Buffy, with her supernatural abilities that help her face off against a legion of vampires.

Leading that double life, Buffy's friends from high school become fixtures in her own crew aiding in her mission to slay evil. It's the recipe from which the show creates a full menu of frights and, well, fun. And that's what Buffy does so well: The characters are memorable, the episodes blur together to create an iconic world, and Buffy herself becomes a character so well rendered that viewers begin to see her as a living person, perhaps a friend.

Buffy the Vampire Slayer is proof, like the series on this list, that the vampire is an ever-shifting slate. Beyond their immortality and need for blood, they become like an echo to their surroundings and an excellent vehicle for writers in their ongoing examination of humanity. ♦



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& Healer*



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TUNE IN TODAY ON ITUNES, PODBEAN & MORE!

LESLEY MITCHELL-CLARKE UNLOCKS THE SECRETS OF PAST LIVES AND ALIEN ENCOUNTERS

By Cheryl Knight-Wilson

In the dynamic and often mysterious world of hypnotherapy and metaphysical exploration, Lesley Mitchell-Clarke distinguishes herself through her distinctive approach and comprehensive expertise.

Based in Toronto, Lesley is not just any clinical master hypnotherapist and regressionist; she delves into realms that many may find unconventional yet undeniably intriguing. Her specialization lies in aiding individuals who believe they have encountered extraterrestrial or ultraterrestrial beings, a niche that has positioned her at the forefront of an extraordinary field. This work, alongside past-life and interlife (life between lives) regression therapies, takes place at her Toronto hypnosis clinic, Lightwork Hypnosis, a haven for those seeking metaphysical enlightenment and understanding.

Lesley's journey is not confined to her clinic alone. As a respected member of the Mutual UFO Network (MUFON), she actively collaborates with experiencers and contactees, contributing significantly to MUFON's Experiencer Resource program, headed up by Kathleen Marden. Her expertise also extends to the Foundation for Research into Extraterrestrial and Extraordinary Encounters (FREE), an initiative established by the late Dr. Edgar Mitchell; the groundbreaking paranormal research organization The Experiencer Support Association (TESA), founded by Ryan Stacey; and Les Velez' comprehensive Organization for Paranormal Understanding and Support (OPUS) project. Her insights have been shared widely through her role as the host of the ufology-focused program, *Contact TV*, and as a coauthor of *Intersections: A True Story of Extraterrestrial Contact*.

Beyond the celestial, Lesley also works with performing artists, addressing issues such as stage fright, creative blocks, and memory enhancement through specialized hypnosis protocols. A background that blends a fine arts degree with psychiatric technical experience and certifications in various hypnotherapy disciplines, including



Lesley Mitchell-Clarke, a master hypnotherapist and regressionist based in Toronto, stands out for her unique approach to hypnotherapy, especially in aiding individuals who believe they have encountered extraterrestrial or ultraterrestrial beings. (Photo: Pierre Gautreau)

neuro-linguistic programming, underscores her multifaceted approach to healing and empowerment.

Lesley's contributions extend beyond therapy and research; she appears at industry events, including the Alien Cosmic Expo. With a life rich in diverse experiences, from her early days as a performer to her current status as a leading figure in hypnotherapy and ufology, Lesley's story is as fascinating as it is inspirational.

We recently talked with Lesley about her life's journey, her work, and her profound impact on the fields of metaphysical therapy and extraterrestrial research.

* * * * *



Q: When and why did you become interested in hypnotherapy?

Lesley: My interest in psychology and related disciplines, such as hypnosis, goes back to fairly early in my life. In my young teens, I volunteered at the infamous Camarillo State Hospital and also presented many music/drama performances there, along with my fellow theater students.

A bit later, at university, I actually put myself through school by working on the graveyard shift at Yankton State Hospital — first as a telephone operator, then as a psychiatric aide/psychiatric technician. Also, as a young actor in Los Angeles, I worked at several alcohol and drug rehab facilities as a psychiatric aide.

It was many years later, in mid-life, during a long and prestigious career as a jazz-specific Media Consultant in New York City and Toronto, that I felt a strong calling that I should be doing something else — something meaningful and healing to others. Understanding my angst, my husband bought me a past-life regression as a gift. Needless to say, it was an incredible experience, and although the information that came up in the session was fascinating, the most important thing that I took away is that I KNEW in my bones that I should take whatever

Lesley seeks to unravel the mysteries of extraterrestrial experiences and past-life phenomena.

training that was necessary and become a certified consulting hypnotist (step one).

Not long after that, I attended the Ontario Hypnosis Centre (under the direction of my esteemed mentor, Dr. Georgina Cannon) and began my new calling. After I became certified in metaphysical hypnosis (past-life regression/interlife regression/entity or energy release), as well as several other modalities, I began working at my own treatment space (Lightwork Hypnosis), as well as at

Dr. Cannon's highly regarded Ontario Hypnosis Centre, which was openly endorsed by actress Shirley MacLaine (a frequent client of Dr. Cannon).

I'm a member in good standing of the National Guild of Hypnotists, as well as the National Guild of NLP Practitioners. I have also earned NGH certifications in past-life regression, interlife regression and energy (entity) release, pain management, fertility support, addictions, and pediatric hypnosis. I am also a certified master practitioner of neuro-linguistic programming, with a specialty in substance addiction and dependence.

This fall, I will be teaching pediatric hypnosis, in person, in Toronto for the first time! Also, I am part of the production team that will present a new, annual, Toronto-





Lesley's work extends beyond her clinic, Lightwork Hypnosis, as she is actively involved with several prominent organizations in the fields of ufology and metaphysical research. (Photo: Pierre Gautreau)

based event taking place this spring: "The 2024 Contact & Disclosure Symposium!"

Q: You specialize in working with individuals who believe that they have had encounters with extra/ultraterrestrial beings. How did you begin working with clients in this area?

Lesley: Yes, I do. I feel that it is a huge part of my "calling." While working at Dr. Cannon's clinic, about once a month, an individual who believed they had experienced an extraterrestrial encounter would call into the clinic for a hypnotic regression session to explore their experience or experiences.

These individuals often had symptoms such as missing time, memories of high strangeness, suspicious scars in various shapes (often triangles), visual sightings of craft, chronic insomnia, or a belief that they had been given some sort of implant.

At the time, no other practitioners wanted to work

with these clients, as they felt that the chances of instability or mental illness were very high. I was, however, fascinated by the possibility that their experiences were real and essentially volunteered to see and treat any of these individuals who were seeking help.

I should probably add here that there is always the possibility that someone with these types of claims may be delusional or experiencing any number of dissociative disorders or even psychosis ... however, with the incredibly thorough intake that I was taught by Dr. Cannon, these poor people could easily be identified and referred on to an appropriate psychiatrist/psychologist/psychotherapist. However, that left the vast majority of these individuals — functional people from all walks of life — who may very well have had a genuine experience, or series of experiences, often extending back to their earliest memories of this current lifetime.

Q: How do you help extraterrestrial contact experiencers through hypnotherapy?

Lesley: I do my best to help these unique individuals integrate their experiences into their third-density, linear life and accept their "specialness." Most often, this involves regression protocols and moving through the individual's ET experiences — all while releasing fear and all of the negative things that come with it.

It's not unusual for experiencers to have misinterpreted their partial memories or feelings, and when they uncover the truth of a given event, it often becomes clear that the event was positive. What I am experimenting with now is asking experiencers under hypnosis to communicate in real time with the beings that they normally engage with. This has turned out to be a fascinating, proactive form of communication for the experiencer.

I believe that we are dealing with interdimensional phenomena, as well as third-density physicalization, and that the majority of evolved entities use a form of telepathic communication. All of the experiencers who I have worked with seem to have heightened PSI/psychic abilities. Is that a common thread that unites experiencers? Do ETs actively monitor the genetic bloodlines of humanoids who are psychically gifted? Perhaps so.

Q: In the course of your work, do you believe that you have uncovered proof of extraterrestrial existence?

Lesley: Hard "proof" of ET encounters is difficult. However, I have seen many experiencers with unusual scars — often diamond, triangle or scoop shaped. Also, I worked with GAIA producer Sid Goldberg in regressing a

specific client to a bone-chilling recollection of an implant insertion into her shoulder, aboard a craft.

The implant was “magnetic” and could attract metal objects — and hold them — right through the experiencer’s skin. Through Goldberg’s connections, we were able to have the implant medically extracted and scientifically analyzed. When removed, it looked like a set of barbells, with one ball smaller than the other. The analysis revealed that the extraction was made up of unidentifiable, unknown metals.

Q: You also perform past-life regressions — how do you conduct a past-life regression?

Lesley: When facilitating a PLR, it is important to induct the client into a deep trance — not unconsciousness or sleep (the Delta state), but we do our best to keep the client in the Alpha, or more ideally, the Theta state. When the physical body relaxes enough, we have complete access to the subconscious mind, where all of the experiences of multiple lifetimes are stored.

It’s my opinion that ALL experiences are also contained not in the brain itself, but in a non-physical way, in the Akasha — just ready to be accessed — like a magnificent, inter-dimensional library. After the correct level of trance is achieved, the information can be received. I then begin moving the client back through their experiences in this current lifetime, back through the birth experience and into a previous life (or lives). I can direct the client to a specific lifetime, if they have strong feelings about it, but in my opinion, clients always receive the information that they need at that specific time. Sometimes past relationships are explored, as we tend to incarnate in groups.

After the exploration, the client is brought forward into the present time to forgive and releases the past with love, all while retaining all of the information (which is often added to in the dream state, following the regression).

Q: What has your research and work led you to conclude about reincarnation?

Lesley: What a fascinating question! I really think that I am constantly in learning mode about this complex topic ... but if I had to select several big truths, I would have to say that everything I have ever heard from a client during a past-life regression process indicates that we are in a Universe of free will. We can choose to incarnate, or not — and there are many souls who never incarnate into this dense, physical level of vibration.

The souls that incarnate do so for experience and growth — to develop incite, compassion and love. Souls also incarnate to help humanity in an endless variety



of ways at key pivotal points. Souls may also choose to incarnate (out of love) and assume a negative role in order to teach a specific lesson or perspective to another soul incarnating at a similar time ... and this is what makes the concept of “karma” quite complex, as sometimes, a being engaged here in negative behaviors is here unselfishly to teach or enlighten.

Another surprising truth seems to be that we are in a large “soul group” that encompasses many beings, existing on many interdimensional planets. When working in “interlife regression, which is all about where we go and what we do after physical death, clients have reported seeing many different beings — not only participating in the individual’s “counsel,” but engaging with us seamlessly in a variety of ways in “Heaven” or the higher, vibrational levels.

Clients have also recalled lifetimes spent on other planets — some less evolved and some more evolved than our own watery orb. I think that there are endless varieties of sentient beings in our Universe, but generally, it seems that we tend to incarnate in bodies that are ballpark similar to our own ... humanoid, bipedal, possibly with elongated skulls or extreme height. I have even heard that Sasquatch-like beings (whom I believe are interdimensional and evolved) have also been seen in “The Interlife.”

I also believe that right now, our earthly realm is being populated with aware, psychic, loving beings, and that we are here to help usher in a new era — and we are all (as in the title of my forthcoming book) “Mid-Wives of Disclosure!”

Q: You’ve also participated in paranormal investigations. Please tell us about that.

Lesley: At present, and for a number of years, I have worked with Ghost Hunters and Paranormal Experiencers, led by well-known psychic, Shelly McConville. We have investigated many historical haunts, with the main goal of our investigations being the “release” of trapped or confused entities.

In our investigations, we have captured quite a bit of phenomena, including repeating entities (not an intelligent haunt; more like a snippet of a movie being played over and over when the atmospheric conditions allow), and also “intelligent haunts,” where the entities can be seen, felt, heard, touched, or even smelled!

Additionally, I am working with a new group founded by Wes Roberts and myself called “Big Smoke Paranormal,” and unlike Shelly’s group, we use every technical gadget possible and visit homes where we have been contacted by individuals who are experiencing phenomena. We will also cleanse houses of negative vibrations, close portals, and send confused souls into the light.

As an individual, I have also investigated haunted locations in Scotland, Wales, the U.K., Germany and Japan.



Lesley also collaborates with paranormal groups to explore historical haunts and assist in releasing trapped entities.

Q: Have you ever had a paranormal experience? If so, what happened?

Lesley: I have had paranormal experiences my entire life. I’m Irish, and we call it “The Shining.” On top of that, I was also born with a veil (in the amniotic sac), which is also supposed to indicate psychic ability.

I believe that I first became aware that I could sometimes see things that other people couldn’t when attending mass ... as a very small girl, I noticed that I could see “halos” around people’s heads when they were praying, and some people had halos and others didn’t.

I experienced many disturbed, negative entities while working as a psychiatric aide at The Yankton State Hospital throughout university and appeared on a recent episode of *Haunted Hospitals*, relating some of the more terrifying incidents.

It is not unusual for people whom I may know in life to casually connect with me right after death to deliver messages to their loved ones. I think that I am just an “open channel,” a “hollow bone” who is able to receive information etherically.

Q: Tell us about *Contact TV*?

Lesley: For 13 seasons, I have been the co-host of *Contact TV* along with Wes Roberts. *Contact TV* features interviews with a literal “Who’s Who” in the paranormal, metaphysical, extraterrestrial, archaeological, and ancient worlds.

* * * * *

To find out more Lesley and her work, visit lightwork-hypnosis.com, youtube.com/contacttv, and on Facebook ([lesley.mitchellclarke](https://www.facebook.com/lesley.mitchellclarke), *Lightwork Hypnosis*, and *OurContactTV*). ♦

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IS MY HOUSE HAUNTED?

SIGNS, EXPLANATIONS & WHAT TO DO

By Chad Wilson

The idea of encountering a ghost or paranormal entity is a topic that has fascinated humanity for centuries.

While some dismiss it as superstition or imagination, others firmly believe in the existence of ghosts. If you've ever wondered whether your home or surroundings might be haunted, read this article to find out more about various signs often associated with ghostly encounters, possible non-paranormal explanations, and guidance on what to do if you suspect a haunting.

Signs of a Haunting

Unexplained sounds, apparitions and shadows, or a sudden chill in the air can leave us questioning the reality of what we've experienced. The first step in understanding experiences outside of the ordinary is determining what exactly the paranormal is.

- **Unexplained Sounds:** One of the most common signs of a haunting is hearing unexplained sounds. These may include footsteps, voices, whispers, or even eerie laughter when no one else is present.

- **Apparitions and Shadows:** Seeing apparitions or shadowy figures out of the corner of your eye can be unsettling. These sightings are often fleeting and may leave you questioning what you've seen.

- **Cold Spots:** Experiencing sudden drops in temperature in specific areas of your home, even when the heating or cooling system is functioning correctly, is frequently associated with paranormal activity.

- **Moving Objects:** Items moving on their own or seemingly shifting position without any logical explanation can be a sign of a ghostly presence.

- **Strange Odors:** The sudden and unexplained onset of unusual or foul odors, such as the smell of flowers, tobacco, or even rotten eggs, is sometimes linked to paranormal encounters.

- **Electronic Disturbances:** Malfunctions in electronic devices, such as lights flickering, TVs turning on or off by



themselves, or interference with electronic equipment, may indicate a ghostly presence.

- **Feelings of Being Watched:** Experiencing the sensation of being watched or followed, especially in certain areas of your home, can be disconcerting.

Possible Non-Paranormal Explanations of a Suspected Haunting

While these signs may indeed be eerie, it's essential to consider alternative explanations before jumping to the conclusion that you have a ghost:

- **Natural Causes:** Many of the signs mentioned can be attributed to natural phenomena. Creaking floorboards, drafts, and settling houses can explain sounds and cold spots.



- **Psychological Factors:** Feelings of being watched or unease can be triggered by stress, anxiety, or even suggestibility, especially in environments where you expect to encounter something paranormal. An excessive Electric and Magnetic Field (EMF) is also said to cause these feelings.

- **Pranksters or Intruders:** Objects moving or electronic disturbances may be the result of pranks, unauthorized entry, or even common electrical issues.

- **Imagination and Perception:** Our brains are highly susceptible to creating patterns and connections in ambiguous situations. Sometimes, what we perceive as an apparition or shadow may be a play of light and shadow or tricks of our imagination.

What to Do If You Have a Haunting

If you find yourself in a situation where you suspect a haunting and a natural explanation has been ruled out, it's essential to approach it with a balanced mix of curiosity and caution. Here are some crucial steps to take if you suspect paranormal activity in your surroundings:

- **Document Your Experiences:** Keep a detailed journal of the unusual occurrences, including dates, times, and descriptions of what you've and/or others in the house have witnessed. This documentation can help you identify patterns or rational explanations.

- **Research the History:** Investigate the history of the location. Often, understanding past events associated with a place can provide insights into potential paranormal activities.

- **Contact an Investigator:** If you continue to experience unexplained phenomena and genuinely believe your space is haunted, consider contacting reputable paranormal investigators or experts who can conduct a thorough investigation of your home.

- **Spiritual Cleansing:** Some find comfort in spiritual or religious rituals, such as sage smudging or blessing the space, depending on personal beliefs and cultural practices.

- **Find Support:** If you're still feeling anxious or frightened by these experiences, consider seeking support from a counselor or therapist who specializes in paranormal-related anxiety.

- **Respect the Entity:** If there is a presence in your space, it's essential to approach it with respect. Many paranormal experts suggest calmly communicating with the entity and respectfully setting boundaries in your home.

You Have Control

The signs of a ghostly presence may be intriguing and/or unsettling. But, it's crucial to approach such experiences with a rational and open-minded perspective. Exploring potential explanations and seeking professional help, if necessary, can help you better understand what might be happening in your surroundings.

Based on the findings of any investigations conducted at your home and/or any smudging ceremonies completed, if the spirit still remains, you ultimately have a choice to co-exist with the presence, continue investigating, or relocate. ♦

HAUNTED HAPPENINGS IN TRANSYLVANIA'S HOIA BACIU FOREST

BY EMMA THORN

When you think of Transylvania in Romania, several stories probably pop into your mind that involve Count Dracula, Vlad The Impaler, and Bran Castle (AKA “Dracula’s Castle”). While these tales can get the heart pumping, there is a place that puts fear into the hearts of locals near the city of Cluj-Napoca, a city located in the central part of Transylvania.

Nestled outside of Cluj-Napoca is a forest named Hoia Baci, which some call the creepiest and most haunted forest in the world. It is known locally as the “Bermuda Triangle of Romania” because of the mysterious disappearances and strange occurrences that happen there.

Witnesses inside the forest have claimed to see ghosts and UFOs, had equipment malfunctions, experienced “lost time,” and had nausea, headaches, or skin rashes.

A Man Named Hoia

The forest got its unusual name after a shepherd named Hoia, while *Baci* is a term that can refer to shepherds in general. The story goes that Hoia went into the forest with his flock of sheep and disappeared, never to be seen again. No clothing or bones were ever found. It was as if they just vanished into thin air.

Over the years, more people disappeared within the forest, never to be seen again.

The forest is shrouded in mystery, with many stories defying any logical explanations. For example, a little girl reportedly disappeared in the forest only to reemerge five years later. She was the same age and wearing exactly the same clothes. She had no memory of the past five years.

There are many other stories like this, including one of a woman who went into the forest with a 15th-century coin in her pocket. She emerged decades later with the same coin.

People who visit the forest claim to feel intense anxiety and constantly feel as though they are being



Transylvania’s Hoia Baci Forest looks innocent enough during the day (pictured above/top). But as darkness sets in, its reportedly home to mysterious disappearances and paranormal phenomena.
(Photo second from top from Atlas Obscura)

watched. Some even leave with new rashes and scratches on their body.

Researchers Seek Answers

In the 1960s, biologist Alexandru Sift traveled to the area after becoming curious about the stories and the fear of the locals. He went to the forest on a few occasions and took several compelling photos. When he was in the forest, he would see shadow creatures, some of which even showed up on his photos.

Sift's research led to other investigators and scientists going to the forest to try and find a logical explanation. However, their findings made the forest even more fascinating.

Did a UFO Land in the Forest?

One particular area in the forest is linked to the paranormal and UFOs. In the middle of the forest is a

clearing. It is barren, and no plant or trees will grow in the area despite the conditions being perfect for growth.

Researchers have also discovered that the area has

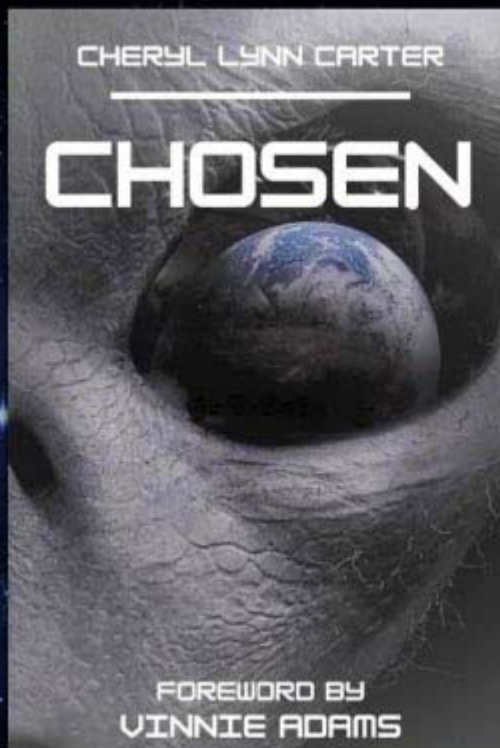
magnetic anomalies, fluctuations in the electromagnetic field and even infrasound emissions. People think this clearing was created when a UFO landed in the forest.

This link to UFOs started in 1968 after Sift captured a photo of a large light emerging from the forest. Since then, people have reported strange lights hovering over the circle area in the middle of the forest.

There are many theories behind these strange occurrences. Some people say that the devil inhabits the forest. Other theories include ghosts or aliens controlling the forest.

The forest is open to visitors and is a favorite site of paranormal investigators.

The question is, would you feel brave enough to visit? ♦



ARIEL SCHOOL

FALCON LAKE

PASCAGOULA

RENDLESHAM FOREST

MARIO WOODS

Inside the Alien Abduction Phenomenon

Budd Hopkins and the Search for Truth

By Maxim W. Furek

Elliott Budd Hopkins (1931–2011) is widely recognized as the founder of the alien-abduction movement, an exciting subgenre of ufology. Born in Wheeling, West Virginia, on June 15, 1931, he became a pioneer, forging inroads into uncharted territory and breathing new energies into the UFO field.

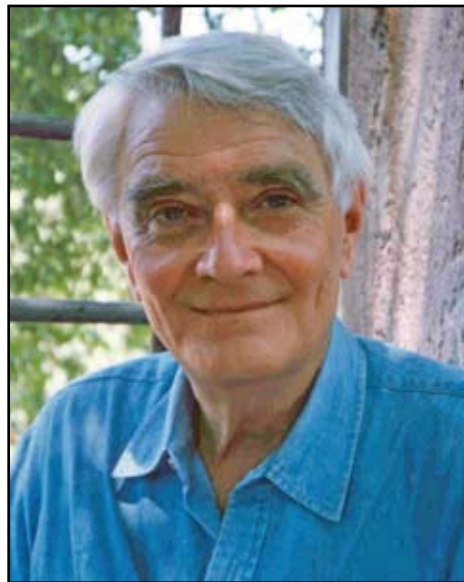
Cape Cod Sighting

Although Hopkins had never been abducted himself, he did experience a daytime UFO sighting near Cape Cod in August 1964. He described a chance sighting of an object that was “flat, silver, airborne, and unfathomable”:

“It lasted about three minutes. The object seemed to be able to hover. And then it zoomed at great speeds straight into the wind,” Hopkins said in a NOVA interview in the mid-1990s. “We had thought perhaps it was some kind of flat balloon or something, but clearly it wasn’t. And when you see something like that and the three of us jumping out of the car finally to watch it disappear, you realize that there’s some factor in the world that you had previously been unaware of. And it could be an extraordinarily important factor.”

That sighting was transformative. In 1975, Hopkins carried out his first major investigation — the O’Barski case — which involved a UFO landing and occupant incident in North Hudson Park, New Jersey. In 1976, he wrote an article about abductions for *The Village Voice*, including his account of the O’Barski case, which was later reprinted in *Cosmopolitan*.

After he publicized his findings of the UFO abduction phenomenon known as a “Close Encounter of the Fourth Kind” — where a human being is taken aboard a UFO by its occupants (later classified as a CE4 by professor and UFO researcher J. Allen Hynek) — he began gathering stories of people who said they had not only seen spaceships, but had also been spirited away in them on a horrifying journey.



Budd Hopkins, pictured in 1997, was considered a pioneer in ufology for his extensive work on and research into the alien abduction phenomenon. (Photo: Carol Rainey)

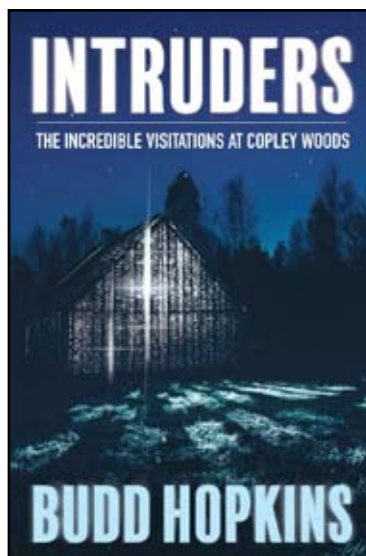
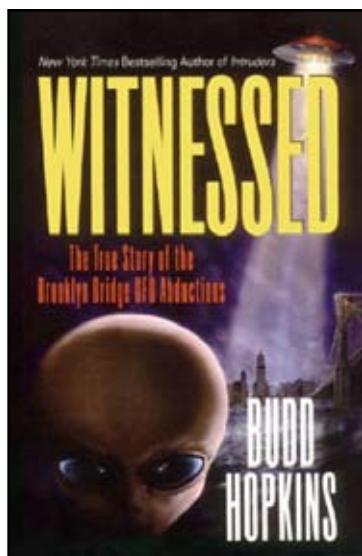
Intruders Foundation

Hopkins approached his new mission with a feverish passion. In 1989, he founded the non-profit Intruders Foundation to help “provide sympathetic help, understanding, and personal investigation for those reporting UFO abduction experiences.”

He called his informants “victims” and ran group therapy sessions in Manhattan. Many of these “victims” had no conscious memory of their abductions, having lived for years with the troublesome feeling that something had gone horribly wrong.

Another tenet of the Intruders Foundation, exploring the reoccurring patterns, was to: “Carry out systematic research into the abduction phenomenon through a careful study of its patterns and resulting physical and psychological evidence.”

Hopkins was fascinated by the repetition of specific themes, many obtained under hypnosis — the lonely road, the dark of night, the burst of light, the sudden passage through the air and into a waiting craft, and above all, the sense of time that could not be accounted for. The missing time aspect appeared to be a vital element of the abductees.



Hopkins published several influential books on the topic of alien abduction, including the titles *Missing Time*, *Intruders*, and *Witnessed*.

His books delve deep into the abduction phenomenon, presenting compelling case studies and theorizing about the motivations behind ET encounters.

Missing Time

Ballantine Books released *Missing Time* on March 12, 1988, with Hopkins revealing how the people who have experienced abductions had no immediate awareness of them:

All traces of the trauma were effectively erased from their memory. Yet, under hypnosis, many abductees were able to recall in vivid, convincing detail the harrowing experiments that left mysterious scars on their bodies, the eerie interiors of UFOs where they were held captive, and the astonishing faces of their alien hosts.

Missing time was the common denominator experienced by abductees Antonio Villas-Boas in 1957, Betty and Barney Hill in 1961, and Calvin Parker and Charles Hickson in 1973. Hopkins believed their condition was not as rare as one might suppose. By his reckoning, one in 50 Americans has been abducted without conscious awareness of the event.

Hopkins believed that aliens (or “visitors,” as he called them) were practicing a form of extraterrestrial eugenics, aiming to regenerate their declining race by crossbreeding with *Homo sapiens*. His concept reflected ideas from earlier Ancient Alien Theory proponents, including Dr. Morris Jessup, Zecharia Sitchin, and Erich von Däniken.

Fate. Coincidence. Karma. Hopkins appeared to be in the right place at the right time. Specific individuals were attracted to his energies and expertise.

“But, as these cases began to come my way, where people were reporting a sighting, a period of missing time, they couldn’t account for a couple of hours, Hopkins said in the NOVA interview. “Perhaps they were in a car, the car ended up on another road aimed in the wrong direction. They were having nightmares and fears and so on afterwards.”

In many of these situations, Hopkins believed that the individuals experienced some form of trauma. Therefore, he enlisted the assistance of a few acquaintances who were experts in psychiatry and psychology. They conducted hypnotic regressions to delve into the incidents, particularly focusing on the aspects that the people involved couldn’t fully remember.

Hopkins soon realized that all the same, tiny details were replicated repeatedly. “You have to feel you’re dealing with a phenomenon that has an absolute core of reality about it,” he said.

A True Pioneer

Later, high-profile writers on the subject, including horror novelist Whitley Strieber and Harvard psychiatrist John Mack, credited him with igniting their interest in the field.

Intruders: The Incredible Visitations at Copley Woods was released in 1987. It was written by Hopkins and spent four weeks on the *New York Times* bestseller list. Its popularity led to the 1992 TV miniseries starring the late Richard Crenna.

Hopkins led a remarkably complex life and was respected as a nationally known Abstract Expressionist painter and sculptor. His works have been exhibited at the Guggenheim, Whitney, Metropolitan Museums, Boston’s Museum of Fine Arts, and New York’s Museum of Modern Art. Hopkins was part of the exciting circle of New York artists that, in the 1950s and ’60s, included Mark Rothko, Robert Motherwell, and Franz Kline. On June 24, 2009, Anomalist Books published his memoir, *Art, Life and UFOs*.

Hopkins died from complications of cancer on August 21, 2011, at his home in Manhattan. He was 80, and he left a legacy of accomplishment, scripting a fascinating chapter in ufology’s unknown realm. ♦

WINGS OF TERROR:

The Lone Pine Mountain Devil Legend

By Paul Dale Roberts, Halo Paranormal Investigations

The Lone Pine Mountain Devil is a cryptid that is said to be quite large, furry, multi-winged, bat-like, and has razor like talons. Some cryptid enthusiasts believe this creature is related to the *Sinornithosaurus*, which was one of the first dinosaurs discovered with feathers.

It is believed by some locals in Lone Pine, California, that this creature may have survived the great extinction and hid out in the Sierra Nevada Mountains in Northern California to the American Southwest and even into Northern Mexico. This creature, with its multiple layers of deadly, venomous fangs, was believed to have terrorized and even murdered many adventurers, families, and gold prospectors in the 19th century.

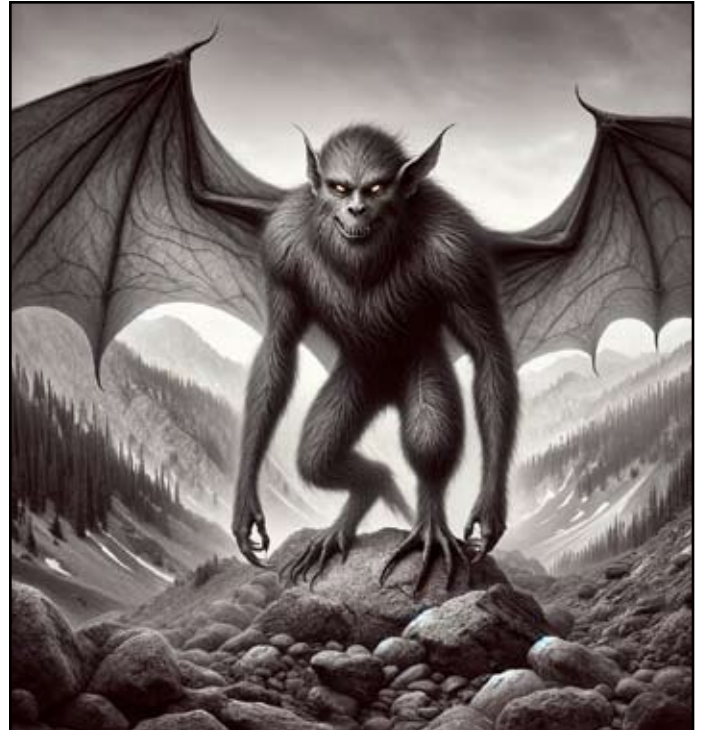
Some skeptics of this legend scoff at the idea that a creature so hideous could have been hiding out in the Sierra Nevada Mountains. They say that the stories are mere folklore or misidentification of the various sightings that have been seen. It is said that the Lone Pine Mountain Devil could just be a large barn owl or perhaps even a Golden Eagle.

Some 19th-century reports say that when attacking its prey, the Lone Pine Mountain Devil will only devour the soft cartilage found in the torso and head of its victims. One unidentified priest even called the Lone Pine Mountain Devil “winged demons from the depths of Hell.”

Some paranormal researchers believe that the Lone Pine Mountain Devil could also be a Mothman-type cryptid, a Thunderbird, a cousin to the New Jersey Devil, or even the cryptid known as Batsquatch.

Legend has it that the only way you can become a victim of the Lone Pine Mountain Devil is if you disrupt the peace and harmony of its habitat. That peace and harmony was disrupted in 1878 by 37 Spanish settlers who disappeared in Southern California and were later discovered killed and mutilated along the trails.

I live in Sacramento, very close to the Sierra Nevada Mountains, and I have heard various stories about the Lone Pine Devil. In 1979, when I was a professional dancer for Jeff Kutash’s *Dancin’ Machine* in Lake Tahoe,



one of the dancers told me a story about a hike he went on at Freel Peak, which is the highest peak near Lake Tahoe, at 10,886 feet. While hiking in and around the peak, he saw a flying creature with a 15-foot wingspan.

When I did one of my Bigfoot expeditions in the Sierra Nevada Mountains, near the infamous Donner-Reed Party tragedy site, we met a local named Jessica who claimed that the Lone Pine Mountain Devil snatched one of her male foal (young colt) and dropped it from the air. This incident happened in 1968. They found the colt with shattered bones, as if it was dropped from the sky. Jessica said she didn’t see the actual event, but in her heart, she believes that it was the Lone Pine Mountain Devil that took this young horse and dropped it from the air.

If you travel to the Sierra Mountains, many locals believe that the legend of the Lone Pine Mountain Devil is very real. ♦



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A HAUNTING ENCOUNTER

THE ANNE FRANK HOUSE & BEYOND

By Kevin Lynn

In March 2019, my wife and I decided to take a trip to Spain. Halfway into the duration of our trip, we planned to skip off to Amsterdam in the Netherlands for a couple of days.

We had toured the area back in 2013 but wanted to go back. So, when we discovered that Amsterdam was only a few hours away, we knew this was our opportunity to go back and really see the city. We were seriously excited with walking tours, gallery visits, and a stop at the Anne Frank house planned during our two-day stay.

Being an enthusiast of anything and everything creepy, I always have a camera and audio device in hand. Once arriving at the Anne Frank house, I thought to myself, *a lot of heartbreak, fear, and anguish has really gone down in this building. I wonder if I can catch anything?* Filming wasn't allowed, and my GoPro mysteriously died just outside the house after charging the battery the night before. I would have to make do with my audio recorder.

So, into the house we went, and from room to room we visited a timeline of horror for the Franks, Van Pels and Fritz Pfeffer. They would live in silence and darkness during many of their days in the cramped quarters of the annex. While in each room, I would pop off a short recording of a minute or two, hoping for a little magic to get captured. And that is exactly what happened!

After the tour was over, we headed out of the building and down the street for a late lunch. As we rounded

the corner and over one of the hundred canal bridges, I clearly heard a female, not my wife, call out, "I love you, Kevin." Frozen in my tracks, I wondered, *what in the hell did I just hear?* A few seconds later, I gathered my thoughts and continued down the road.

Later that night at the hotel, while climbing into bed,

I knew I had to review some of those recordings. While my wife was sound asleep, I pressed play on the recorder. Mere seconds in I was picking up on spirit voices. The next five minutes would be a memory that I'll never forget.

The spirits in these recordings were calling out directly to me. They were acknowledging me by directly mentioning me by my first and last name. This was amazing.

In the midst of my review, I noticed my wife walking to the bathroom. The room was illuminated by the light of my cellphone. I watched as she walked away from the bed and toward the bathroom. Then as I turned back to continue listening to these amazing EVPs, I realized that the woman I had seen was not my wife. I turned back, while sitting on the edge of the bed, and slowly reached back with my hand to find out that my wife was indeed still sound asleep in bed.

Who had I just seen? This person was a solid, three-dimensional being clearly walking away from me.

The experience was beyond memorable, and years later I was able to work with the spirit of Anne from a remote location, where she confirmed that I saw her mother, Edith, that night in Amsterdam! ♦



During a trip to Amsterdam, I encountered mysterious voices and a ghostly apparition that was linked to the Anne Frank House.

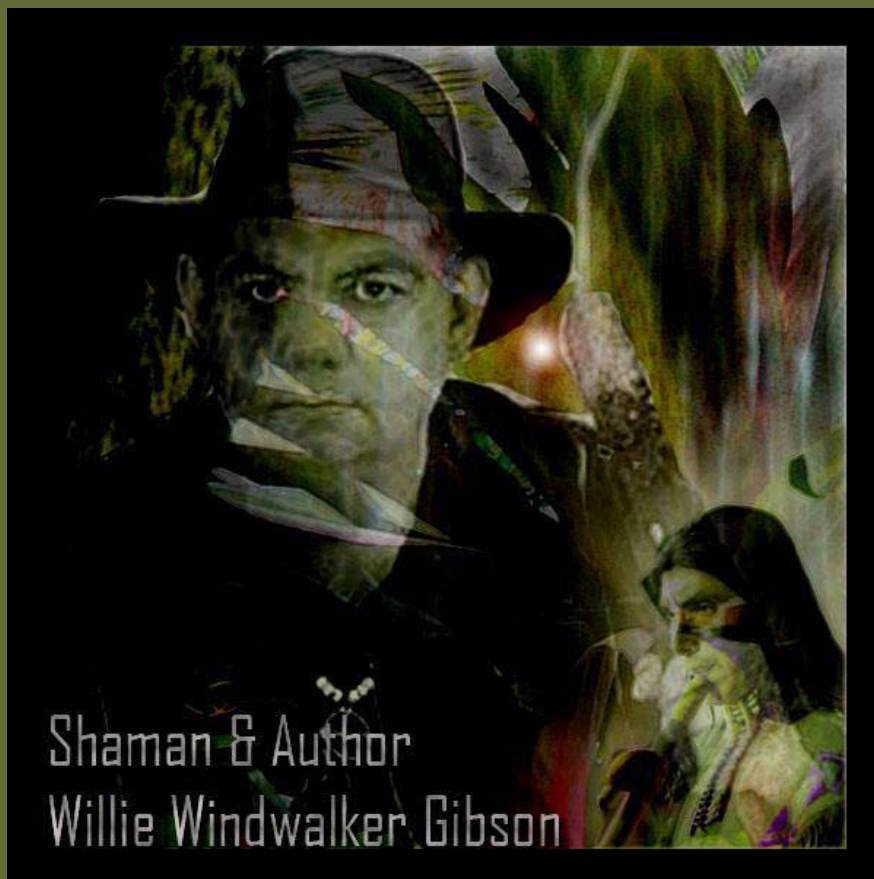


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THE GHOSTLY GRIP OF MADISON MANSION

A TALE OF TERROR AND ESCAPE

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

While driving down Highway 16 in Esparto, California with my fellow team members Deanna, Terri, and Emilio, we encountered an eerie sight: a dilapidated, abandoned two-story house. It was the infamous Madison Mansion.

We decided to get a closer look and were soon joined by our friends Jesus and Gabby. As we ventured inside, we glimpsed a disturbing canvas of Satanic graffiti, symbols, and the number 666, with vulgar language scrawled across the walls. Among these unsettling sights, the most alarming was the presence of blood splatters on two walls.

In our quest for Electronic Voice Phenomena (EVPs), we struck gold. A chilling, Satanic male voice commanded, "GO AWAY!" This clear, Class A EVP was captured on video. Additionally, we observed shadows flickering mysteriously. Deanna managed to capture an image resembling a black vortex. Our photos revealed numerous orbs, including some with intricate designs. I also took a very intriguing photo outside of the house that seems to have captured a ghostly full-bodied apparition.

Jesus shared with us the urban legend of the Madison Mansion. According to the tale, a man once confined his wife in a back room of this home, where he fed her while she remained bound. Tragically, he eventually murdered her, and her spirit is said to still haunt the premises.

Our exploration took a frightening turn when two young men in a pickup truck arrived and mischievously locked the gate, trapping us inside. Their maniacal laughter only heightened our alarm. Fearing the worst, we escaped via a narrow, dirt road, flanked by ditches. The journey was treacherous; I was deeply concerned about accidentally driving my car, nicknamed the Rusty Anomaly, into a ditch. This would leave us vulnerable, potentially falling prey to a rumored, savage, backwoods Satanic cult.

In this tense situation, Deanna's quick thinking saved



Our impromptu investigation of the abandoned Madison Mansion yielded some compelling paranormal evidence, including a photo of a full-bodied apparition.

us. Using the GPS, she expertly guided us back to Highway 16, her actions averting what could have been a dire fate. Deanna's skillful navigation prevented us from becoming stranded or, worse, sacrificial offerings to a sinister cult. Thank you, Deanna, for saving our lives! That was a close one! ♦



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Ethereal Madness

Is Déjà Vu Merging With the Matrix?

By Rainbow Radaelli

This past year, there were a few things that changed and affected my reality to the point that I just couldn't ignore them any longer. We aren't just talking about the Mandela Effect here.

We are talking about a confusing mix of dates and timelines that intertwined within the present tense and actually had me second guessing my sanity. I was waking up to an odd reality that wasn't my world from the day before. How was this happening?

Jumbled Timelines

It started off with my daily routine with me reading things such as the local and world news online. I would read something that had just happened that day, a world event such as a bombing or accident. But then I wouldn't be able to find it again.

The next day, however, I would see the same article as if it happened that day. But I knew I had read it the day before. The dates didn't match up plain and simple. They were literally reported as if they had just happened — for a second time.

Timelines are becoming not only jumbled because they are blurring into realms that we can't see, but they are bringing back moments of time that don't seem to belong here. They belong to someplace else. I'm left wondering, which reality am I really a part of? Am I teleporting between two timelines?

In the movie *The Matrix*, a dystopian world is trapped within the matrix. Unplugging and becoming conscious of our simulated reality is the first step in freeing not only the mind, but in freeing the will. But what if there's a matrix within a matrix or parallel dimensions that intertwine with each other at various points of existence?

What happens to our sense of reality when the two points merge into one?



Photo by Vivien Skrupskis



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Déjà Vu

At work I had experiences of déjà vu happening with customers to where I had memories of intimate details of the lighting on objects or a certain walkway full of people and their clothes, even how they walked. I would have a few seconds to snap back into reality, but I couldn't always shake that silent wave of shock coursing through my veins.

The detail of remembering something that had already happened was astonishing, and I couldn't shake the fact that the experiences that I had since childhood were changing into something else. Déjà vu as I have always known it to be has morphed into something much more sci-fi, transporting the known reality into a metaverse.

The Chronicles of Riddick

In the sci-fi series *The Chronicles of Riddick*, there is something known as the Underverse, which supposedly was about death being the natural state and what came after it. I bring this up because what I am seeing is a bit topsy-turvy compared to my normal state of being.

The metaphor of a snake shedding its own skin can be equivalent to death, so I am wondering if I'm shedding the sense of my former self. I'm not sure if I am seeing a mirror opposite of another reality or the polar opposite of something seeping in and changing this reality.

CERN and the Mandela Effect

There's a theory that CERN, the European Organization for Nuclear Research, caused the Mandela Effect — a phenomenon where a significant number of individuals share a collective misremembering of an event or detail that actually never happened — because it is believed that the quantum fields changed while our

perception of our reality did not. This means we can exist with the change yet see that changes took place. Let's look at some of the Mandela Effect examples that have mystified people.

The first example is people "remembering" that Nelson Mandela dies in prison in the 1980s, when he actually died in 2013. Another is the spelling of *Looney Tunes* to *Looney Toons*. Many believed that *The Berenstain Bears* used to be spelled *The Berenstein Bears*. The TV series *Sex and the City* was also confused with *Sex in the City*.

These two are close to home for me, because I distinctly remember the spelling of Oscar Meyer to have an "e" ... not Oscar Mayer with an "a." In this next example, as a child, I chanted this saying over and over again in my head: "Mirror, mirror on the wall" instead of "Magic Mirror on the wall."

The list could go on, but these are just a few examples that have confused people. It's almost as if two timelines merged and we are left with remnants of both, which are affecting our memories. So, what does this all mean?

Glitches in the Matrix

People are seeing glitches in the matrix, with birds, planes, and other debris stuck in mid-air or people seemingly immobilized while walking or talking. Is it something in our programmed reality that is altered, or can it be an illusory glimpse of merging timelines?

Whatever is happening, I know I am not the only person that is noticing it or affected by it. Sometimes, insanity takes us to the point of understanding the illusion of what is normal. Perception in the end changes with the tides of awareness. The challenging thing is to figure out which reality feels more like home. ♦



Chuck Gotski

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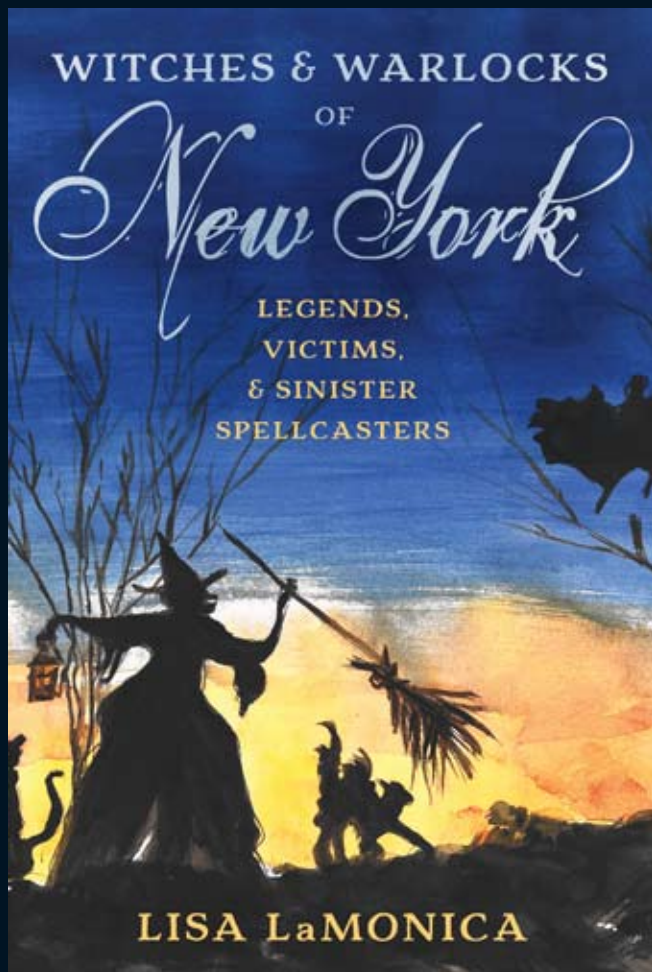
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THE METAPHYSICS OF TIME:

UNRAVELING THE PAST, PRESENT & FUTURE

By Chad Wilson

Time, a concept central to our everyday lives, is also one of the most profound and enigmatic subjects of metaphysical inquiry. Philosophers have long grappled with questions about the nature of time and its relationship to our existence.

In this article, we will delve into two prominent theories of time — presentism and eternalism, also known as the block universe theory — and explore how they shape our understanding of the past, present, and future.

The Argument for Presentism

Presentism asserts that only the present moment exists. According to this theory, the past has ceased to exist, and the future has not yet come into existence. This perspective aligns with our common-sense experience of time, as we perceive events unfolding in a linear fashion, with the past behind us and the future lying ahead. Presentism holds that the past is a collection of memories, and the future is a realm of possibilities.

For presentists, time is a continuous succession of “now” moments. However, this theory faces challenges when confronted with the insights of modern physics, particularly Einstein’s theory of relativity. Special relativity suggests that the distinction between past, present, and future is relative, and different observers in relative motion may perceive events differently, challenging the notion of a universal “now.”

What Is Eternalism?

Eternalism, also known as the “block universe theory” or “four-dimensionalism,” presents a contrasting view. It posits that past, present, and future all exist simultaneously, forming a static four-dimensional block of spacetime. This theory is in line with the principles of Einstein’s general theory of relativity, which treats spacetime as a unified structure.

In the block universe, every event, past, present,



and future is equally real. This perspective challenges our intuitive understanding of time, suggesting that the flow of time is an illusion. Instead, all moments in time are fixed, and our experience of the “now” is merely a subjective perspective within this timeless block.

How Do Presentism and Eternalism Compare?

These contrasting views of time have profound implications for our understanding of reality. Presentism aligns with the way we experience the world but struggles to accommodate the insights of modern physics. Eternalism, on the other hand, offers a more coherent framework in light of relativistic physics but challenges our intuitive sense of temporal progression.

From a practical standpoint, presentism guides our daily lives as we plan for the future and reflect on the past. However, it raises questions about the nature

of memory, as past events are said to no longer exist.

Eternalism, while conceptually challenging, aligns with the deterministic view of physics, where the future is predetermined by the past and the concept of free will becomes a subject of debate.

In the end, the metaphysics of time remains a rich and intricate area of philosophical inquiry. Presentism and eternalism offer two distinct perspectives on the nature of time, each with its own strengths and weaknesses. While presentism aligns with our everyday experiences, eternalism finds support in the theories of modern physics.

The resolution of this debate may ultimately reshape our understanding of the past, present, and future and illuminate the true nature of time itself. As we continue to explore these metaphysical questions, the concept of time will remain a captivating and

mysterious aspect of our existence. ♦



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5 KEY HABITS OF WORKING POWERFUL MANIFESTATION MAGIC

By Dr. Athena Perrakis, Sage Goddess

One of the main questions I hear about manifestation magic from people in my communities is this: How can I manifest what I want in my life?

Manifestation is, of course, based on particle physics and quantum mechanics. There is both an art and a science to it. I spend time in powerful think tank groups with global entrepreneurs, so I see what is actually working for people who are manifesting their dreams and achieving their goals.

I also spend time with many thousands of people who feel stuck and unable to make accelerated progress in their lives despite effort and stress. What is the difference between those who rock manifestation magic and those who don't, or seemingly can't?

Here are my top five habits of people who manifest with ease. If you aren't practicing one of these habits, you should begin today!

1) Focus Exclusively on What You Seek to Experience and Create

Powerful manifestors do not complain about their own circumstances or the efforts of those around them. That's because manifestors know the power of thought to create circumstances, and by complaining about what they don't like or want, they send additional energy and creative force to the exact opposite of what they are trying to create.

If you could peek inside the mind of the most powerful people you know, you'd likely be surprised to find how focused and aware they are of the power of their own thoughts. They even dream about what they are seeking to create!

2) Take the Guidance of Spirit First Before the Guidance of Man

Most people who manifest great things in life believe in a higher power and trust that in every moment that higher power is supporting them, guiding them, and directing them to the right outcome for the collective good.

When they take counsel from peers, it is after they have interpreted guidance and wisdom from meditation and prayer.



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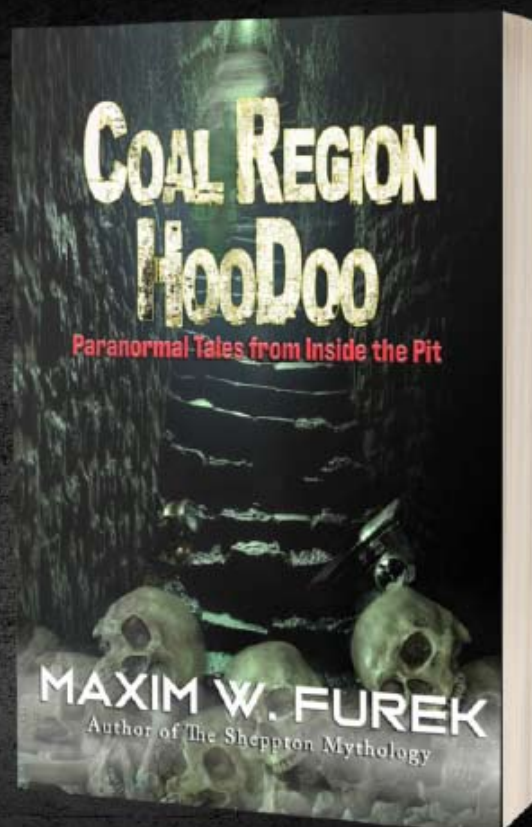
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3) Understand That Everything Is Energy

Powerful manifestors use tools to strengthen and direct energy. Crystals, herbs, essential oils, and magical tools of all kinds can help attune us to a high vibration that is aligned with creation, success, and happiness.

People who manifest understand that these tools were implanted in the Earth to support our well-being and our soul's path.

4) Prioritize Health, Peace, and Happiness

Powerful manifestors also prioritize these things for others in their life too. Because manifestors understand the science of frequency, they have learned that when a person's vibration is high, they attract not only power, success, and prosperity, but they also attract physical health, peace, rest, joy, and relaxation.

They know that stress, anger, anxiety, hate, sadness, and sickness prevent success and manifestation, so they take excessively good care of their bodies and minds, by eating right, exercising, meditating, fasting when needed, and maintaining close relationships with people they love.

5) Look Up and Around When Others Look Down

When people are afraid or anxious, they look down — have you noticed? Down at their feet, at their footsteps, head hung low. But manifestors know that during times of chaos, the answers we seek are around us, above us, but not below us.

By finding others who are also seeking elevated solutions and high vibrations, we know that we can strengthen our own vibration and create a solid network of others whose energies can be harnessed to fuel our own — and vice versa. In other words, when they go low, we go high.

Path to Wellness: Mindfulness, Balance, and Positive Surroundings

Begin this path today by becoming mindful of your thoughts, your vision, your internal monologue, your network of peers, your personal wellness habits, and your surroundings.

Declutter your home, and make sure that the items around you support a high internal frequency. Eat three balanced meals a day, and increase your intake of fresh water and vitamins. Go to sleep earlier, and make sure you get at least 6–8 hours of uninterrupted sleep each night.

If people around you are complaining or angry, create distance in those relationships and remind them to monitor their own frequencies, taking responsibility for the energies they bring.

Make YOUR happiness, peace, clarity, wellness, and joy a priority each day. Play more music, get outside and breathe fresh air, find laughter and joy in simple moments, and drink more tea.

ENJOY your life, and begin to see the fruits of your steady labor return to you with ease. ♦



The Sharpe Side of
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MYSTERIOUS DOORS: PORTALS INTO OTHER DIMENSIONS

By Willie Windwalker Gibson

I've been doing paranormal cases for more than 30 years. In that time, I have seen a lot of things that would make some people run in terror.

I have seen angels, demons, cryptids, UFOs, and aliens. But the most amazing thing I have seen are portals or doorways to other dimensions just open up from nowhere. My first experience with seeing a portal was when I was in my 30s.

Mysterious Lights and Alien Visitors

One afternoon around 4 p.m., I was driving on a country road. I was the only car on the road, and it was a wooded area. Off the road to my right, I could see a white circle of light start to spin. I slowed down and stopped my car.

As I watched the light, it started to fade a bit — it looked like a TV screen that had just switched on. I could see through it. The inside of the circle was different from the other side. I could see funny creatures inside; they looked like little people, dwarfs.

They looked back at me, and when they did, the circle of light closed. I sat there for a minute and then continued on my journey. I kept the experience to myself ... until now.

A few years later, in the early 1990s, I was now married to my wife, Schmon. It was about 1 a.m., and we hadn't been to bed very long. We were still awake, when the bedroom started to glow green and three creatures appeared.

Right away I could see they were alien. They were blue-gray in color and about four feet tall. They stood there just looking at Schmon and I. Then the green glow went out they were gone.

Schmon and I just laid there until we fell asleep. The next morning, we said nothing, because we both were in the paranormal and things like that happened a lot to us.

Portal Locations and a Word of Caution

The Earth has many places that have portals. Sedona, Arizona; The Bermuda Triangle; and Stonehenge,



England, for example. A portal might even be inside your home.

The veils between dimensions are getting thinner, and I would advise caution when approaching or working around a portal. We don't always know what is on the other side of the portal and who or what might come through.

I haven't had a bad experience with a portal, yet, but it is possible that something malicious lies on the other side. Every so often, I sage places where portals open, including closets, mirrors, and even TVs. If you think you have a portal in your home, I advise you to sage the area. ♦



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